

## USEFUL RESOURCES

### BRI-PEN Senior Rides

Schedule ahead rides for Seniors to medical appointments, religious services, both town community centers, COVID testing and vaccinations, donating blood and hospital or nursing home for visiting family. Leave a message for full details on getting a ride or to volunteer. (585) 340-8674

### Brighton Food Cupboard

Food related support in Brighton & nearby zips (585) 736-4526

### Eldersource Care Management/NY Connects

(Hotline through partnership with Lifespan & Monroe County Office of the Aging) Case Management & Support (585) 325-2800

See also [www.lifespan-roch.org/resource-lists](http://www.lifespan-roch.org/resource-lists)

### Meals on Wheels

URMC Meal Delivery Service (Fresh meals available each weekday) (585) 274-4260

[www.urmc.rochester.edu/home-care/meals-on-wheels.aspx](http://www.urmc.rochester.edu/home-care/meals-on-wheels.aspx) (Online apply available)

### Lifeline Mental Health Emergency Hotline

(585) 275-5151

### NYS Mental Health Hotline

Free Emotional Support (844) 863-9314



Vax. Boost. Mask.

If you are having any trouble scheduling an appointment or getting transportation for a flu shot, covid vaccine or booster, please let us know and we can figure it out together! Transportation is available for people age 60 and over for any Covid related appointments, including booster shots, tests etc. Call NY Connects at 325-2800, and they will send requests to Medical Motors Service for this transportation service. There is no cost to recipients.

Stay safe, and be healthy.

### Brighton Senior Program

E-mail [brighton.recreation@townofbrighton.org](mailto:brighton.recreation@townofbrighton.org) or call the Rec office at (585) 784-5260 ext. 0.

### A Brighton Central School District Note:

#### School Budget & Board Candidate Voting Information

The statewide school budget and board candidate vote is on Tuesday, May 17, 2022. The Brighton Central School District Budget and Board of Education vote will take place at the Central Administration Building, 2035 Monroe Ave. from 7 a.m. to 9 p.m. in the gymnasium.

If you cannot attend the vote, an application for an absentee ballot must first be completed and returned to 2035 Monroe Avenue. This year, the illness reason for absence has been expanded to instances where a voter is unable to appear personally at the polling place of the school district in which they are a qualified voter because there is a risk of contracting or spreading a disease that may cause illness to them or to other members of the public.

The application can be found on the school district website. Requests for absentee ballots must be received by the District Clerk on or before May 10, 2022 if the ballot is to be mailed to the voter, or on or before 3 p.m. May 16, 2022 if the ballot is to be picked up by the voter. **To request an absentee ballot, contact the office of the District Clerk at [vote@bcasd.org](mailto:vote@bcasd.org) or 242-5200 ext. 5502.** Completed absentee ballots must be received by 5 p.m. on the date of the vote, May 17, 2022. We will be automatically sending absentee ballots to those on the Monroe County Permanent Illness/Permanent Disability list. If your senior adults do come out and vote, they will need to bring identification with them in the form of a driver's license, non-driving ID, passport or a utility bill. The identification is necessary for proof of residency in the school district.



### Saturday, May 7, 2022 BRIGHTON'S ANNUAL CLEAN SWEEP

Sponsored by the Town of Brighton and  
The Brighton Central School District

HELP SPRUCE UP OUR TOWN!  
THIS IS DIRTY WORK—DRESS ACCORDINGLY  
NO OPEN-TOE SHOES! BOOTS ARE BEST!

- 9:00 a.m.: **Kickoff:** Drive through the Brighton Town Hall Public Safety Wing to pick up your clean-up assignment, your T-shirt, gloves, grabber, and a healthy snack provided by Tops Markets.
- 9:30-11:45: **Clean up** the streets, parks and trails!
- 11:45-2:00: **Lunch:** To celebrate a morning of hard work, everyone is invited to French Road Elementary School to pick up a grab-and-go bagged lunch provided by Wegmans.

#### A huge thank you to the rest of our sponsors:

Brighton Chamber of Commerce	Brighton Volunteer Ambulance	Microwarx
Brighton Fire Department	Canandaigua National Bank	Ontario Hearing
Roselawn Neighborhood	Brighton Kiwanis	Dollinger & Associates
Brighton Rotary	Tri City Rentals	Waste Management
Brighton Teachers' Association	Donna Matthews	Impact Earth
State Senator Jeremy Cooney	Assemblymember Sarah Clark	

You can pre-register online at  
[www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)  
Click on "Register Online" button  
Or register when you come to Town Hall on May 7th



# The Brightest Seniors Bulletin MAY 2022

### Around our Town:

#### IDEA Plan Community Forum

The Town of Brighton will host a public workshop on the draft Inclusion, Diversity and Equity Action (IDEA) Plan at 7 p.m. Tuesday, 5/3 in the Town Hall auditorium, 2300 Elmwood Ave. The IDEA Plan can be reviewed at [brightonidea.org](http://brightonidea.org). The public can also share suggestions & comments.

#### Annual Clean Sweep (details on back)

Sat 5/7, 9am-2pm. Join us in beautifying Brighton. Gather at Town Hall.

#### Electronics Recycling & Secure Document Shredding

Sun 5/15, 9am-noon. Bring your old electronic equipment and/or your old documents to the Highway Department Parking Lot, 1941 Elmwood Ave. Documents are shredded on-site. There is no charge for these services. TVs NOT accepted. See a list of recyclable electronics on the town website.



### What's coming this summer?

Stay tuned for details about new classes: SR Citizen Police Academy, Brain Fitness, Tai Chi & more...

Go online or call us to register!!!!

[Townofbrighton.org/rec](http://Townofbrighton.org/rec)  
OR (585) 784-5260 ext. 0

Brighton Seniors are members of our fun, fit community who actively pursue recreation, health, & happiness. We are here for adults of ALL ages! Town of Brighton sponsors Brighton Senior Program, especially people age 60 & over.

Although visitors to our center and Town of Brighton facilities are no longer required to wear a mask or face covering while inside, we encourage you to mask when you are in close proximity to others. As masks remain a critical tool to fight the spread of COVID-19 we continue to suggest that unvaccinated individuals continue to mask at all times.

Don't miss the latest meal gatherings we've planned:  
**"Tuesday Brown Bag Bunch" Tuesdays 11:30 am - 1:00 pm** at Brookside Rec  
& **"Wednesday Lunches Out & About"** Select Wednesday Afternoons  
Pay attention to the details on the inside spread for location, cost, times, & menu!

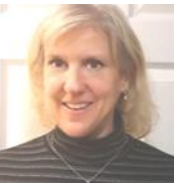
Must register ahead so we can make sure accommodations are available. Help us figure out which arrangements we like best—register to participate for as much as you can, then please drop us a note with feedback. Thank you in advance, for sharing any ideas you have for us to try!



#### Note from the Brighton Senior Programs Coordinator

As you might have read in April's bulletin, I am expecting a baby due towards the end of this month! At this time, I am excited to introduce and welcome Colleen C., who is a recent part time addition to our Seniors department in the role of Recreation Assistant! We have put plans in place for this summer, so we

hope you will partake in our upcoming programs. We have the full support of our Recreation Department, and I hope you will get familiar with the rest of our team as well, to be in touch with, while I'm on maternity leave. Have a happy and healthy May, -Emily Kelsey



#### Note from the Director of Brighton Recreation

We have made plans to celebrate Mothers at the Brown Bag Bunch on Tuesday, May 10 at 11:30 am (new date). We hope you will come out to enjoy as we honor the many mothers we know and love, and in addition write your words of wisdom with Emily, as she soon becomes a mother herself. We will play games and enjoy the good company. Please bring your favorite parenting tips and leave gifts home. Your wisdom is gift enough! **Gifts brought for the Mom-to-be will be graciously donated to a charity benefitting local mothers in need.**

Our Recreation department is looking forward to a fun-filled summer together, so please keep in touch and don't forget to call or go online to register ahead for our upcoming programs. See you soon!

-Rebecca Cotter



With much sadness we share the news that the following friends of our program have passed on: Naomi Friedman, Barbara White, Nancy Zimmer



### Brighton Senior Program, Town of Brighton Recreation Dept. 🍷

Like our Facebook pages: [Brighton Senior Center](https://www.facebook.com/BrightonSeniorCenter) & [Brighton Recreation](https://www.facebook.com/BrightonRecreation) and Visit: [www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)  
E-mail: [brighton.recreation@townofbrighton.org](mailto:brighton.recreation@townofbrighton.org)  
Call: (585) 784-5260 ext. 0.

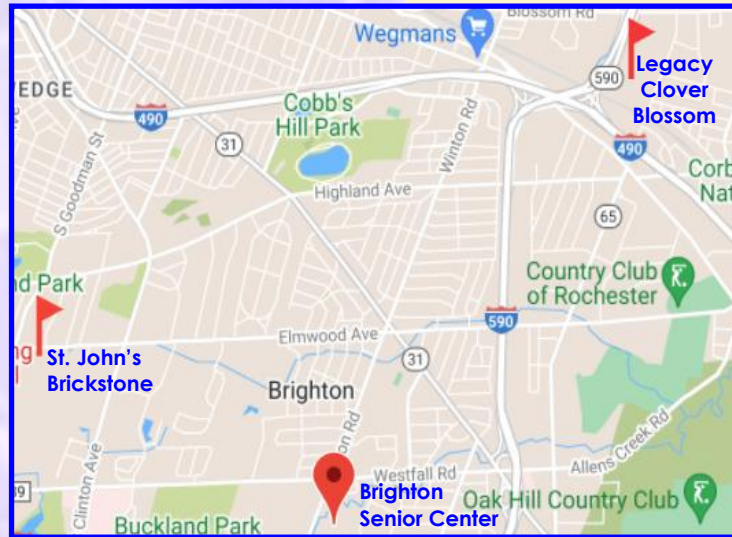
# MAY 2022



## TUESDAY BROWN BAG BUNCH

On Tuesdays 11:30 am - 1:00 pm, bring a snack or brown bag lunch and meet in our Brighton Senior Center Multipurpose Room. We will mingle a bit and get into special topics, celebrations, & listen to guest lecturers and entertainers!

**Please note: Sharing of homemade food items will not be allowed. Individually packaged or commercially prepared goods, may be shared.**  
**Tuesday, May 3** Trivia Tuesday—Get ready to dig into your mind archive.  
**Tuesday, May 10** Celebrating Moms—Memories, Advice & Games!  
**Tuesday, May 17** “Be an H2O Hero” with Town Engineer, Evert Garcia  
**Tuesday, May 24** “Singer’s Choice” Live with Linda Berky  
**Tuesday, May 31** Jon Turner’s Patriotic Tunes and more.



## WEDNESDAY LUNCHES OUT & ABOUT



**Wednesday, May 18 12:00 - 3:00 pm**  
**\*LEGACY CLOVER BLOSSOM\***  
**100 McAuley Dr, Rochester, NY 14610**

Register & select meal by 5/13, \$8 (+ tax) payment due by card upon your arrival to the Legacy Clover Blossom. Choose Entree: Fruit Platter, Seasonal Salad, or Lunch Special. Each meal comes with soup, entrée choice, and a dessert.

**Wednesday, May 25 12:30 - 2:30 pm**  
**\*ST. JOHN'S BRICKSTONE\***

**The Wintergarden, 1325 Elmwood Ave, Rochester, NY 14620**  
 Registration Deadline: 5/20. \$8 payment due at registration. Chicken salad on croissant, fresh fruit salad, homemade potato chips, a sugar cookie, and a bottle of water.

## JOIN IN THE FUN—CHECK OUT THESE FREE GROUP GAMES & ACTIVITIES!

You must sign in upon arrival by writing a check next to your name in the sign in book at the welcome station. Please arrive no earlier than 10 minutes ahead of start time, and enter via the S. Winton Road side door.

**Bridge Group** Mondays, 1:30 - 3:30 pm. Register with a partner if you have one!

**Euchre Group** Tuesdays, 1:30 - 3:30 pm. Bring your quarters & dimes.

**Mah Jongg Groups** Wednesdays, 1:30 - 3:30 pm or Fridays, 1:00 - 2:30 pm.

Bring the latest Mah Jongg card!

**Mexican Train Dominoes Group** Select dates through the summer, 1:00-3:00 pm.

**Walking Club** Thursdays, 9:45 - 10:30 am. Let's meet up at local parks & trails for a group stroll! We will try to walk each week that we can, as long as the temperature stays between 40 and 80 degrees. Please dress for the weather, wear sneakers and don't forget to bring a water bottle.

Register each month to receive weekly Wednesday email for location and details!

**Wii Games** Second Fridays 10:30 am - 12:30 pm No experience necessary... we will teach you. We can play Bowling, Family Feud, Millionaire & more!

**Women's Short Story Circle** First & Thirds Fridays, 10:30 am - 12:00 pm. Women's Short Story Circle meets twice the 1st and 3rd Friday of each month from 10:30 am to noon at Brighton Recreation Center. We discuss two stories from an anthology the group has chosen. Our selections vary from current authors to 19th century authors. Our current anthology is "The O. Henry Prize Stories 2019" Edited by Laura Vapnyar. Send an email to [brighton.recreation@townofbrighton.org](mailto:brighton.recreation@townofbrighton.org) for more information!

**If you're tempted to join in, please register to play, then show up!**  
**Fellow participants will be glad you did.**

<= Digital Art contributed by Phyllis Hirsch



# May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:00 Knitting—A&C 2:15 Chair Yoga—H 6:30 Knitting—MPR	<b>3</b> Resident Registration Begins for Summer Programs 9:15 LIFT Class—LG 11:30 Brown Bag Bunch: Trivia Tuesday 12:30 Painting—A&C 1:30 Euchre—MPR 6:30 Painting—A&C 6:30 Water Ex—SJMP	<b>4</b> 9:30 Water Ex—SJMP 11:00 Zumba Gold-LG 12:45 Painting—A&C 1:30 Mah Jongg—SL	<b>5</b> 9:15 Chisel—LG 9:45 Walking Club-Parks 1:30 Mah Jongg Class	<b>6</b> 9:30 Water Ex—SJMP 10:30-12 Women's Short Story Circle—SL 1:00 Mah Jongg—SL
<b>9</b> 10:00 Knitting—A&C 2:15 Chair Yoga—H 6:30 Knitting—MPR	<b>10</b> 9:15 LIFT Class—LG 11:30 Brown Bag Bunch: Celebrating Mothers 12:30 Painting—A&C 1:30 Euchre—MPR 6:30 Painting—A&C 6:30 Water Ex—SJMP	<b>11</b> 9:30 Water Ex—SJMP 11:00 Zumba Gold-LG 12:45 Painting—A&C 1:30 Mah Jongg—SL	<b>12</b> 9:15 Chisel—LG 9:45 Walking Club-Parks 1:30 Mah Jongg Class	<b>13</b> 9:30 Water Ex—SJMP 10:30 Wii Games—SL 1:00 Mah Jongg—SL
<b>16</b> 10:00 Knitting—A&C 2:15 Chair Yoga—H 6:30 Knitting—MPR	<b>17</b> Non-Resident Summer Registration Begins 9:15 LIFT Class—LG 11:30 Brown Bag Bunch: "Be an H2O Hero" with Town Engineer, Evert Garcia 12:30 Painting—A&C 1 Mex. Train Dominoes-SL 1:30 Euchre—MPR 6:30 Painting—A&C 6:30 Water Ex—SJMP	<b>18</b> 9:30 Water Ex—SJMP 11:00 Zumba Gold-LG 12 Lunch Out & About at Clover Blossom 12:45 Painting—A&C 1:30 Mah Jongg—SL	<b>19</b> 9:15 Chisel—LG 9:45 Walking Club-Parks 1:30 Mah Jongg Class 6:30 You Are What You Eat	<b>20</b> 9:30 Water Ex—SJMP 10:30 Women's Short Story Circle—SL 1:00 Mah Jongg—SL
<b>23</b> 10:00 Knitting—MPR 2:15 Chair Yoga—H 6:30 Knitting—MPR	<b>24</b> 9:15 LIFT Class—LG 11:30 Brown Bag Bunch: "Singer's Choice" Live Vocals by Linda Berky 12:30 Painting—A&C 1:30 Euchre—MPR 6:30 Painting—A&C 6:30 Water Ex—SJMP	<b>25</b> 9:30 Water Ex-SJMP 11:00 Zumba Gold-LG 12:30 LunchOut&About at St. John's Brickstone 12:45 Painting—A&C 1:30 Mah Jongg—SL	<b>26</b> 9:15 Chisel—LG 9:45 Walking Club-Parks 1:30 Mah Jongg Class	<b>27</b> 9:30 Water Ex—SJMP 1:00 Mah Jongg—SL
<b>30</b> Closed for MEMORIAL DAY REMEMBER AND HONOR	<b>31</b> 9:15 LIFT Class—LG 11:30 Brown Bag Bunch: Jon Turner's Patriotic Tunes & More! 12:45 Painting—A&C 1:30 Euchre—MPR 6:30 Painting—A&C 6:30 Water Ex—SJMP	<b>1</b> 9:30 Water Ex—SJMP 11:00 Zumba Gold-LG 12:45 Painting—A&C 1:30 Mah Jongg—SL	<b>2</b> 9:15 Chisel—LG 9:45 Walking Club-Parks 1:30 Mah Jongg Class	<b>LOCATION KEY</b> A&C—Arts & Crafts H—Hybrid (in Person/Zoom) L—Lifespan LG—Large Gym MPR—Multipurpose RR—Rec Room SL—Senior Lounge Z—Zoom

Program details referenced in this bulletin are subject to change. Please officially register and update information on your user account to stay in the loop in case there are any updates! Hope to see you soon.