

# Daytime Education At Recreation

DEAR programs are amazing FREE opportunities for lifetime learners to engage in intellectual, socially viable, cognitive activities to help keep our minds sharp and alert while reducing the risk or delaying the onset of age-related concerns.

**Happy New DEAR Meeting Friday, 1/17 10:30 am**  
Come to learn about the program, and contribute your ideas for its' future!  
Soup and Sandwiches will be provided. Please RSVP

**Jack Kowiak Presents Tuesday, 1/21 12:00-1:00 pm**  
*Get into a surprise topic! (Follows the Tuesday Lunch Bunch, feel free to sign up by 1/6, if you think you will be hungry! Then meet us at 11:30 am)*

Registration is **MANDATORY and FREE**, at least 3 days ahead of the scheduled program online or with the Recreation Office, so we can notify you of any changes!

**TUESDAY TRAVELER PROGRAM:** Brighton Residents can get a ride in from home to our Center on Tuesdays & short trip days for a **\$4 round trip!** On Tuesdays, you will be picked up between **8:00 & 9:30 am**, then to the Center, where you are welcome to partake in free, weekly 10:15 am program. Lunch is at **11:30 am** with special guest presenter at **12:15 pm**. The Bus leaves the Center at 1:00 pm, at which point you may choose to get dropped off at **Tops/Shoppes at Lac de Ville or Wegmans/Pittsford Plaza** (alternates each week—see this booklet's inside calendar for specification) for shopping, or return home. Any travel changes you need to make, must be communicated as soon as possible. Please sign-up by noon the day before or sooner.

Local transportation provided by PLATINUM LIMOUSINE SERVICE!  
**\*Patrons using Town Travel accommodations must be able to board independently\***  
Please call Emily Kelsey at 784-5266 with last minute travel updates.



## Tuesday Lunch Bunch Menu & Lineup

Catered by: Full Belly Deli

Please join us for our social Lunch Bunch group! Pack your lunch or sign-up for a delicious \$6 lunch (variations will be noted below). Each Tuesday at 11:30 am a full lunch including an entrée, two sides, dessert and milk, is catered. **Sign-up no later than noon on Mondays required to receive a catered meal.** Your payment is needed by 11:20 am day-of or sooner. If you cancel after the 12 pm Monday deadline, you are responsible for payment (refund only issued if your meal is bought by someone else). Musical entertainment or interesting speaker follows lunch at 12:15 pm.

<p><b>1/7</b> Chicken Parmesan, Pasta, Side Salad, Canoli <b>Get Crafty with Geoff Clough</b></p>	<p><b>1/14</b> <b>WINTERFEST AT BUCKLAND LODGE</b> 1341 Westfall Road Games, Snacks, Beef Stew &amp; Biscuits <b>Montage (4-piece Live Band!)</b> Please RSVP by 1/9!</p>	<p><b>1/21</b> Chinese New Year Lunch Take-out!  Birthday Cake from Gables Brighton  <b>Jack Kowiak Presents</b></p>	<p><b>1/28</b> Beef Chili with Bread and Butter <b>Super" Bowl" of Chili!</b> (Bring a dollar for the squares game!) <b>Visit with Town Supervisor Bill Moehle</b></p>
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Town of Brighton Senior Program ♦ <http://www.townofbrighton.org/rec>  
Contact: Brighton Recreation Office at 585-784-5260 ext. 0 with general questions  
Senior Program Coordinator, Emily Kelsey by e-mail [emily.kelsey@townofbrighton.org](mailto:emily.kelsey@townofbrighton.org)



# January 2020

UPDATED 1/6

**Around Our Town**  
NEW! OUR MONTHLY THEMES:  
**January - Homespun**  
**February - Lots of Love**  
**March - On Broadway**

**Brighton Farmer Market**  
Shop Local!  
Get out to mingle, meet the local farmers & stock up on your favorite produce & goods!  
**Sundays 1 - 4 pm**  
Brookside Rec Center  
220 Idlewood Road



**Brighton Mad Hatters**  
It's the new year, and they are welcoming new members!  
For more information on joining or upcoming events call their President, Doreen S. at 334-7616.

♦ **Cabin Fever Event** ♦  
Winter fun & shopping! Come out to browse assorted goods during indoor Farmers Market!  
**Sunday, January 26th 1 - 4pm**  
Brookside Recreation Center  
220 Idlewood Rd, Small Gym

**GIVE BACK!**  
The Plarn Divas will teach you on **Tuesdays at 9:30 am in the Conference Room**  
Learn a new skill, make new friends, & help with their eco-friendly & humanitarian effort!

**Hello and Happy New Year!**

Please note that Brighton Recreation is closed Wednesday, January 1st for New Years Day, and also Monday, January 20th in observance of Martin Luther King Jr. Day.

**NEW SEASON OF REC PROGRAMS BEGINS—New brochure is out!**  
Registration Begins: Residents start 1/7, Non-residents start 1/14  
**Be sure to peruse a copy of our brochure or browse online at [www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)!**

**AARP VOLUNTEER TAX PREPARATION** Fridays, February - April  
Location: Pittsford's Speigel Community Center, 35 Lincoln Ave.  
Basic tax returns can be completed at no charge by AARP Tax Volunteers. Call 784-5260 starting **1/9/19** to make an appt. Appointments will be made on a first come, first served basis. Since it is a volunteer-run program, the number of appointments will be limited to the number of volunteers available. There is no guarantee of getting an appointment even if you have previously had your taxes done through this service.

\*It is critical to bring last year's tax return with you!\*

**BRIGHTON RECREATION INCLEMENT WEATHER POLICY**  
All Brighton Recreation programs and classes are cancelled when Brighton Schools are closed due to weather. Watch local TV News Channels 10 or 13 for closing announcements or check out Brighton Recreation Department's website. Please use your best judgment and travel safely!

**BRI-PEN SENIOR RIDES—DRIVER SHORTAGE! VOLUNTEERS NEEDED!**  
Do you know a special someone who would be willing to drive a couple times a month? They will be so greatly appreciated by the folks who rely on Bri-Pen Senior Rides to get where they need to go! Lifespan's Bri-Pen Senior Rides volunteer transportation program helps get seniors in need free rides to medical appts, religious services, or to the Recreation Center. Call 340-8674 for information on volunteering!

Also, check out the [Brighton Recreation Fall Brochure](#) or browse us online!



**Brookside Recreation & Senior Center ♦ 220 Idlewood Road ♦ Rochester, NY 14618**  
Contact: Brighton Recreation Office at 585-784-5260 ext. 0 with general questions  
Senior Program Coordinator, Emily Kelsey at 585-784-5266 or by e-mail: [emily.kelsey@townofbrighton.org](mailto:emily.kelsey@townofbrighton.org)





# January

## Town of Brighton Senior Center

Brookside Recreation Center ♦ 220 Idlewood Road ♦ Seniors Office 784-5266

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CALENDAR KEY</b> Monthly Birthday Cake donated by The Gables at Brighton <b>A&amp;C</b> Arts & Crafts Room <b>SL</b> Senior Lounge <b>F</b> This symbolizes Free, drop in! <b>B</b> Bus Trip <b>SJMP</b> St. John's Meadows Pool <b>\$</b> Fee/sign-up for Special Event <b>CR</b> Conference Room <b>TH</b> Town Hall Back Lot <b>R</b> See Brighton Rec brochure <b>LG</b> Large Gym <b>TR</b> Tot Room    brochure Register online/in person <b>MR</b> Multipurpose Room <b>DEAR</b> Daytime Education At Recreation—FREE! Overview on back! * Shopping Opportunity part of Tues. Traveler Program (See back page) <b>REGISTER AHEAD.</b> Tuesday Lunch Bunch (Meets at 11:15 am—Menu on back)     Transport Available		<b>1</b>  HAPPY NEW YEAR Brookside Recreation Center Closed	<b>2</b> <b>F</b> 1:00 Mexican Train Dominoes-SL <b>R</b> 2:00 Lifespan's Tai Chi—SG	<b>3</b> <b>F</b> 1:00 Pinochle Group—MR
<b>6</b> <b>R</b> 8:45 AARP Smart Driving—MR <b>F</b> 1:00 Intermediate Bridge—MR	<b>7</b> *Tops/Shoppes at Lac de Ville <b>F</b> 9:30 Lifespan Caseworker—MR <b>F</b> 9:30 Plarn Divas Meet—CR <b>F</b> 10:15 Wii Bowling—SL <b>F</b> 12:15 Geoff Clough gets Crafty—MR <b>F</b> 1:30 Euchre Group—MR <b>R</b> 6:30 Water Exercise—SJMP	<b>8</b> <b>R</b> 8:45 AARP Smart Driving—MR <b>F</b> 9:30 Needleworks—SL <b>R</b> 10:30 Get Strong w/ Weights Make-Up <b>F</b> 1:00 Open Scrabble—CR <b>F</b> 1:00 Open Mah Jongg Groups-MR&SL	<b>9</b> <b>\$ 10:00 Virtual Reality/Lunch Trip-B</b> Get into a new perspective! Try this 1-of-a-kind, multi-sensory experience. Texas Bar-b-q Joint for lunch on-your-own. <b>RSVP by 1/7, cost \$12</b> <b>F</b> 1:00 Mexican Train Dominoes-SL	<b>10</b> <b>F</b> 10:15 Short Story Circle—CR <b>F</b> 1:00 Pinochle Group—MR
<b>13</b> <b>F</b> 1:00 Intermediate Bridge—MR	<b>14</b> *Wegmans Pittsford <b>F</b> 9:30 Plarn Divas Meet—CR <b>WINTERFEST @ BUCKLAND LODGE</b> <b>F</b> 10:15 Ice Breakers & Games <b>\$ 11:00 Beef Stew Winterfest Luncheon</b> <b>F</b> 12:00 Montage 4-Piece Live Band <small>RSVP by 1/9!</small> <b>F</b> 1:30 Euchre Group—MR	<b>15</b> <b>F</b> 9:30 Needleworks—SL <b>F</b> 1:00 Open Scrabble—CR <b>F</b> 1:00 Open Mah Jongg Groups-MR&SL	<b>16</b> <b>R</b> 10:00 Easy Stability Ball—LG <b>F</b> 1:00 Mexican Train Dominoes-SL	<b>17</b> <b>DEAR</b> 10:30 Happy New DEAR Meeting-SL Come to learn about the program, and contribute your ideas for its' future! Let's get together yeah, yeah, yeah! <b>F</b> 1:00 Pinochle Group—MR
<b>20</b>  <b>HOLIDAY CLOSURE</b> Brookside Recreation Center Closed	<b>21</b> *Tops/Shoppes at Lac de Ville <b>F</b> 9:30 Plarn Divas Meet—CR <b>F</b> 10:15 Sing Along w/ Jon Turner—SL <b>F</b> 11:15 Visit w/ Town Clerk, Dan Aman <b>\$ 11:30 Chinese New Year Lunch—MR</b> <b>DEAR</b> 12:15 Jack Kowiak Presents—MR <b>F</b> 1:30 Euchre Group—MR <b>R</b> 6:30 Water Exercise Class-SJMP	<b>22</b> <b>R</b> 9:30 Water Exercise—SJMP <b>F</b> 9:30 Needleworks—SL <b>R</b> 10:30 Get Strong w/ Weights Class-LG <b>F</b> 1:00 Open Scrabble—CR <b>F</b> 1:00 Open Mah Jongg Groups-MR&SL	<b>23</b> <b>\$ 10:00 Ride Around Rochester &amp; Lunch Trip-B</b> <b>RSVP by 1/21, cost TBD.</b> <b>F</b> 1:00 Mexican Train Dominoes-SL	<b>24</b> <b>R</b> 9:30 Water Exercise—SJMP <b>F</b> 10:15 Short Story Circle—CR <b>F</b> 1:00 Pinochle Group—MR
<b>27</b> <b>R</b> 10:00 Knitting Class—CR <b>F</b> 11:00 Mad Hatters Potluck & Games <b>F</b> 1:00 Intermediate Bridge—MR	<b>28</b> *Wegmans Pittsford <b>F</b> 9:30 Blood Pressures BFD <b>F</b> 9:30 Plarn Divas Meet—CR <b>F</b> 10:15 Balance Class by Clover PT-SL <b>\$ 11:00 Super"bowl" of Chili Party!</b> <b>F</b> 12:15 Visit with Supervisor Moehle—MR <b>F</b> 1:30 Euchre Group—MR <b>R</b> 6:30 Water Exercise Class—SJMP	<b>29</b> <b>R</b> 9:30 Water Exercise—SJMP <b>F</b> 9:30 Needleworks—SL <b>R</b> 10:30 Get Strong w/ Weights Class-LG <b>F</b> 1:00 Open Scrabble—CR	<b>30</b> <b>F</b> 1:00 Mexican Train Dominoes-SL <b>F</b> 3:00 Estate, Legacy & LTC Planning Call 721-2385 to RSVP to this event!	<b>31</b> <b>R</b> 9:30 Water Exercise—SJMP <b>F</b> 10:15 Short Story Circle—CR <b>F</b> 1:00 Pinochle Group—MR